

Harvest Stand Menu | October 13 - 17

1. Each day of the week there are six items listed that correspond to each of the six slots on the stand.
2. To meet Veg Sub-group requirements, offer Romaine salad, carrot or tomato, and vegetable crunchies as designated on the menu.
3. **For Fresh Fruit lines 4 and 5, only order 1 fruit per slot.** Sites have the flexibility to order the standard items that are listed at the bottom of the weekly menu. Items left from breakfast service can be used in the Fresh Fruit spots.
4. Order more bulk items and bag them using a tape machine since they are more cost-effective; reduce IW items as they are more costly.
5. If items ordered are different than the options listed, they will be replaced with the items designated below.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Cabbage-Kale Salad IW (CMS #3366)	Romaine Salad IW (CMS #3404)	Cabbage-Kale Salad IW (CMS #3366)	Romaine Salad IW (CMS #3404)	Romaine Salad IW (CMS #3404)
2	Cauliflower Florets (CMS #3103, R4608N)	Grape Tomato (CMS #3487, R4610)	Farmer's Harvest (Auto-Shipped) Mini Persian Cucumbers (CMS #2081, R4635)	Grape Tomato (CMS #3487, R4610)	Cauliflower Florets (CMS #3103, R4608N)
3	Petite Baby Carrots IW (CMS #3006) OR Baby Carrots (CMS #3888, R2753)	Celery Sticks IW (CMS #3826) OR Celery Sticks (CMS #3820, R4004)	Petite Baby Carrots IW (CMS #3006) OR Baby Carrots (CMS #3888, R2753)	Celery Sticks IW (CMS #3826) OR Celery Sticks (CMS #3820, R4004)	Grape Tomato (CMS #3487, R4610)
4	Fresh Fruit	Fresh Fruit	Fresh Fruit	Farmer's Harvest/CA Crunch Day (Auto-Shipped) Dickinson Farms Granny Apple (CMS #2057, R3375)	Fresh Fruit
5	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
6	Cherry Smooth Cup (CMS #2364)	Vegetable Crunchies (CMS #1707, R4612)	Strawberry Creamsicle (CMS #2861)	Vegetable Crunchies (CMS #1707, R4612)	Raspberry Passion Fruit Slush (CMS #2472)

Fresh Fruit Options

Apple Slices, Red (CMS #3935, R3346)	Banana (CMS#3204, R3005) - DO NOT order for Mondays	Grapes - ONLY for NNC Sites with Sink for Washing (CMS #3176, R3268)	Kiwi (CMS #3846, R3288)	Plum (CMS # 3522, R3152)
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Condiments/Supplies

Liquid Chamoy (CMS #1729, R7129)	NNC Sites: Ranch Dressing, Packet (CMS# 1849, R7038) Prep Sites: Ranch Dressing, Scratch (R7103-CB, R7078-DW)	Tajin Seasoning Packet (CMS# 1321, R7126)
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